



Mental Health

We are committed to building a healthy community through excellence in community mental health.

Why does Mental Wellness Matter?

- The statistics can be staggering!



- Approximately 24% of inmates within County jails have “a recent history of a mental health condition”.
- 50% of all chronic mental health illness begin by age 14.

Mental Health is a Community-wide Issue

- How many residents of your County have a diagnosable mental illness?
 - Johnson County **(118,235)**
 - Pawnee County **(1,336)**
 - Hamilton County **(528)**
 - Montgomery County **(6,511)**
 - Saline County **(10,946)**

Each year, millions of Americans face the reality of living with a mental health condition. However, mental illness affects everyone directly or indirectly through family, friends or co-workers.

Approximately 1 in 5 U.S. adults has a mental health disorder.



The cost of untreated or inadequately treated mental illness:

- Premature death (25 years younger)
- Increased suicide rate (Highest in the State and >National Avg)
- Increased involvement with Law Enforcement
- Increased incarceration
- Increased drug and alcohol abuse
- Increased hospitalization or institutional care
- Higher Unemployment
- Family breakup
- School failure

What Needs to be Done?

- We need to improve the efficiency of the health care delivery system while aligning financial incentives to reward more efficient and effective care
- We need to develop value-based or outcome-based payment models. That would make providers accountable for both the cost and the quality of the services they provide.
- Payment systems that emphasize prevention and early intervention, as well as financial incentive, to coordinate with one another to manage chronic conditions.
- The savings gained from more effective reimbursement models could be used to provide care for the uninsured / under-insured in Kansas (not for the profit of managed care companies.)
- Using such operational savings to expand services to non-Medicaid persons is permitted by waiver under Section 1115 of the Social Security Act.

Using Data to Connect People to Services

Creates new opportunities



We're able
**to identify
residents
who likely
struggle**



We have
**opportunity
to engage
at-risk
persons**



We can
**improve the
coordination
of care**

Talking Differently about Mental Health



Recovery is more possible today than ever before and, in fact, there is a growing body of reach that suggests major mental illnesses and their devastating effects can be prevented through teaching coping skills, building resilience and promoting protective factors among our youth.

Talking Differently about Mental Health

UPSTREAM



Our current system reacts to the symptoms of issues and doesn't necessarily address the root cause.

This is where the **Neuroscience** of trauma can provide a road map to the root cause.